

## **Match Videoing and Video Analysis at Connacht GAA Centre**

At Connacht GAA Video Analysis department, we are again proving that we are to the forefront of developments in what is increasingly becoming a more important aspect of team and player development and preparation.

We can offer game videoing services both indoor and outdoor on any of our 7 pitches. The introduction of 4 HD cameras which simultaneously record the action on our main pitch as well as 3 HD cameras on another pitch provides a variety of excellent vantage points for management teams and will be an invaluable learning tool for all teams that wish to make use of the facility. This equipment now sees us become the market leaders in the country in relation to video analysis capabilities.

It allows teams to have a multi angle overview of their overall team set up and will also enable them to focus on individual player movements which will be useful in pointing out to players exactly what they are doing well or what they could be doing differently to help their team.

This state-of-the-art development also gives the potential for in game coding for teams, so teams have up to the minute statistics and information available to them. Management teams will have the option of viewing this footage live as the game is progressing if they should so wish, but they will also get a copy of the game recorded from all five angles to takeaway with them allowing for more in-depth post-game analysis, creating the opportunity for more evidence-based education for players.

For teams that are videoing their own games, we also offer the opportunity to get their games analysed and broken down using our market leading software, to help relay information back to players. This service is offered at a very affordable price and multi-game packages are available.

If you have any enquiries about how you can avail of any of the services provided here at the Connacht GAA Centre including the new Video Analysis Systems which we have in place, please don't hesitate to contact us by email [seamus.burns.connacht@gaa.ie](mailto:seamus.burns.connacht@gaa.ie) or by phone on (094) 9630335.